

**Table 4: Monthly Movements in the cost of a Sample Basket of Basic Food Items
Mar-11**

ITEMS	UNIT	February 2011		March 2011		% change	\$ value change
		Unit Cost	Total Cost	Unit Cost	Total Cost	Total Cost	Total Cost
3 pks Rice	2kg	16.24	48.72	16.20	48.60	(0.2)	-0.12
1 sack Flour	10kg	58.93	58.93	60.77	60.77	3.1	1.84
2 pks Granulated Sugar	1800g	17.92	35.84	18.25	36.50	1.8	4.36
4 lbs Sugar (brown)	454g	3.37	13.48	4.46	17.84	32.3	4.36
4pks Milk UHT	1litre	9.73	38.92	9.74	38.96	0.1	0.04
1pk Powdered Milk	800g	45.09	45.09	45.05	45.05	(0.1)	-0.04
4 pks Evaporated Milk	250mL	5.83	23.32	5.70	22.80	(2.2)	-0.52
1 box Tea Bags	50	15.31	15.31	15.58	15.58	1.8	0.27
2 pks Milo	300g	18.06	36.12	18.56	37.12	2.8	1.00
1 pkt Coffee	385g	23.46	23.46	23.52	23.52	0.3	0.06
4 tins Sardines	125g	6.56	26.24	6.64	26.56	1.2	0.32
2 dozen Eggs	Doz	15.88	31.76	17.18	34.36	8.2	2.60
4 lbs Split Peas	454g	2.94	11.76	2.80	11.20	(4.8)	-0.56
2 lbs Red Beans	454g	6.83	13.66	6.72	13.44	(1.6)	-0.22
2 lbs Black-eye Peas	454g	5.70	11.40	5.65	11.30	(0.9)	-0.10
2 lbs Lentils	454g	4.81	9.62	4.84	9.68	0.6	0.06
5 lbs Cheese	454g	19.02	95.10	19.73	98.65	3.7	3.55
2 Golden Ray	250(240)g	8.20	16.40	8.28	16.56	1.0	0.16
4 Blue Band	250(240)g	5.69	22.76	5.82	23.28	2.3	0.52
4 pks Macaroni	400g	4.57	18.28	4.50	18.00	(1.5)	-0.28
2 lbs Smoked Herring	454g	11.45	22.90	11.58	23.16	1.1	0.26
3 lbs Salted Fish	454g	21.33	63.99	21.73	65.19	1.9	1.20

ITEMS	UNIT	February 2011		March 2011		% change	\$ value change
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1 Soya Oil	2 Litre	28.88	28.88	29.43	29.43	1.9	0.55
1 pk Baking Powder	455g	8.60	8.60	8.61	8.61	0.1	0.01
2 pks Curry Powder	85g	5.93	11.86	5.83	11.66	(1.7)	-0.20
10 lb Potato	454g	2.93	29.30	2.86	28.60	(2.4)	-0.70
3 lbs Onion	454g	3.02	9.06	2.96	8.88	(2.0)	-0.18
3 lbs Garlic	454g	12.81	38.43	12.45	37.35	(2.8)	-1.08
4 lbs Fish	454g	10.27	41.08	10.73	42.92	4.5	1.84
16 lbs Chicken (4)*	454g	7.95	127.20	8.15	130.40	2.5	3.20
5 lbs Beef	454g	18.75	93.75	19.50	97.50	4.0	3.75
5 lbs Pork	454g	18.93	94.65	19.69	98.45	4.0	3.80
2 lbs Pig Tails	454g	14.56	29.12	14.61	29.22	0.3	0.10
2 bt Mauby	750mL	9.96	19.92	10.17	20.34	2.1	0.42
4 tins Orange Juice	19 oz	8.89	35.56	8.95	35.80	0.7	0.24
8 tins Chicken Vienna Sausage	141g	3.73	29.84	3.78	30.24	1.3	-0.20
2 pkts Crix	10 oz	9.96	19.92	9.96	19.92	0.0	0.00
4 lbs Cabbage	454g	3.16	12.64	3.11	12.44	(1.6)	-0.20
4 bundles Patchoi	bdl	6.04	24.16	5.50	22.00	(8.9)	-2.16
6 bundles Bodi	bdl	4.67	28.02	4.31	25.86	(7.7)	-2.16
4 lbs Plantain	454g	6.29	25.16	5.78	23.12	(8.1)	-2.04
4 lbs Sweet Potato	454g	5.42	21.68	4.92	19.68	(9.2)	-2.00
4lbs Green Fig	454g	2.89	11.56	2.89	11.56	0.0	0.00
8 lbs Tomatoes (medium)	454g	10.56	84.48	8.04	64.32	(23.9)	-20.16
5 lbs Pumpkin	454g	2.56	12.80	2.65	13.25	3.5	0.45
4 bundles Dasheen Bush	bdl	5.21	20.84	5.40	21.60	3.6	0.76
4 lbs Melongene	454g	5.68	22.72	4.10	16.40	(27.8)	-6.32
4 head Lettuce	head	6.65	26.60	5.68	22.72	(14.6)	-3.88

ITEMS	UNIT	February 2011		March 2011		% change	\$ value change
		Unit Cost	Total Cost	Unit Cost	Total Cost	Total Cost	Total Cost
2 pkt Carrots	pack	5.78	11.56	6.07	12.14	5.0	0.58
4 Dry Coconuts	each	4.90	19.60	5.14	20.56	4.9	0.96
4 lbs Banana (ripe)	454g	5.40	21.60	5.75	23.00	6.5	1.40
1doz. Oranges	each	0.97	11.64	1.01	12.12	4.1	0.48
1 bt Dishwashing Liquid	750 ml	10.61	10.61	10.77	10.77	1.5	0.16
1 pkt Soap Powder	975g	20.30	20.30	20.35	20.35	0.2	0.05
1 pkt Toilet Soap (3)	each	13.64	13.64	13.76	13.76	0.9	0.12
2 Tubes Toothpaste	100 ml	10.15	20.30	10.14	20.28	(0.1)	-0.02
Average % Change							
TOTAL - Sample Basket		1720.14			1713.37	-0.39	-6.77

* Average Dressed Weight Prices
on the Live Market