

**Table 1: Monthly Movements in the Price of Basic Supermarket Items
April 2011**

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
MEAT					
Corned Beef	340g	12.27	13.14	0.87	7.09
Cow Heel	454g	8.25	8.37	0.12	1.45
Chicken - Frozen	454g	11.98	11.44	-0.54	-4.51
Whole Chicken - Chilled	454g	12.67	13.05	0.38	3.00
Chicken Breast - Frozen	pk	14.40	14.82	0.42	2.92
Chicken Breast - Chilled	454g	14.59	14.81	0.22	1.51
Chicken Legs (whole) - Frozen	pk	14.54	15.08	0.54	3.71
Chicken Legs - Chilled	454g	13.11	14.22	-	-
Drumsticks - Frozen	pk	14.70	14.72	0.02	0.14
Drumsticks - Chilled	454g	15.52	15.76	0.24	1.55
Chicken Thighs - Frozen	pk	11.10	11.42	0.32	2.88
Chicken Thighs - Chilled	454g	11.41	12.64	1.23	10.78
Chicken Wings - Frozen	pk	14.59	14.99	0.40	2.74
Chicken Wings - Chilled	454g	14.46	16.17	1.71	11.83
Chicken Liver - Fozen	pk	6.48	6.53	0.05	0.77
Gizzards - Frozen	pk	8.89	9.02	0.13	1.46
Goat Leg	454g	24.46	24.83	0.37	1.51
Goat Shoulder	454g	19.26	19.26	0.00	0.00
Goat Stew	454g	22.93	23.11	0.18	0.78
Beef Clod	454g	21.85	22.73	0.88	4.03
Beef Stew	454g	20.91	20.90	-0.01	-0.05
Lamb Leg	454g	-	29.99	-	-
Lamb Shoulder	454g	23.75	23.53	-0.22	-0.93
Lamb Stew	454g	18.22	19.30	1.08	5.93
Pig Foot	454g	7.18	7.89	0.71	9.89

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
Pig Tail	454g	14.61	15.11	0.50	3.42
Pork Leg	454g	17.94	18.40	0.46	2.56
Pork Shoulder	454g	17.38	17.43	0.05	0.29
Pork Stew	454g	17.64	17.29	-0.35	-1.98
Chicken Sausage - Canned	141g	3.78	3.79	0.01	0.26
Salami Sausage – All Beef	454g	19.27	19.15	-0.12	-0.62
Salami Sausage - Pork & Beef	454g	19.21	19.28	0.07	0.36
Salami Sausage - Chicken	454g	17.42	17.63	0.21	1.21
Average % Change					2.39
<u>FISH</u>					
Sardines	125g	6.64	6.67	0.03	0.45
Tuna Flakes - in oil	170g	4.91	4.84	-0.07	-1.43
Mackerel	425g	10.64	10.36	-0.28	-2.63
Herring - Tomato Sauce (brunswick)	425g	-	-	-	-
Herring - Tomato Sauce	425g	10.13	10.19	0.06	0.59
Salted Fish	454g	21.73	22.01	0.28	1.29
Smoked Herrings (with bone)	454g	11.58	11.76	0.18	1.55
Average % Change					-0.03
<u>DAIRY PRODUCTS</u>					
Evaporated Milk	250ml	5.70	5.82	0.12	2.11
Cheddar Cheese	454g	19.73	20.16	0.43	2.18
Fresh Butter	454g	27.11	27.70	0.59	2.18
Eggs	Doz.Large	17.18	17.39	0.21	1.22
Powdered Milk	225g	13.61	13.61	0.00	0.00
Powdered Milk	800g	45.05	45.05	0.00	0.00
Full Cream Milk	1L	9.74	9.85	0.11	1.13
Average % Change					1.26

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
<u>NON ALCOHOLIC BEVERAGES</u>					
Tea Bags	pk (50)	15.58	15.78	0.20	1.28
Milo	300g	18.56	18.69	0.13	0.70
Ovaltine	300g	18.89	18.74	-0.15	-0.79
Cocoa	100g	9.09	9.09	0.00	0.00
Cocoa	200g	16.23	16.96	0.73	4.50
Coffee - Hong Wing	185g	11.98	12.54	0.56	4.67
Coffee- Hong Wing	385g	23.52	24.03	0.51	2.17
Coffee - Instant	100g	23.50	23.55	0.05	0.21
Coffee- Instant - Nescafe	100g	25.87	26.09	0.22	0.85
Instant Chocolate - Quik	500g	16.90	16.91	0.01	0.06
Mauby	750ml	10.17	10.39	0.22	2.16
Grape Juice - Orchard	1L	18.31	18.67	0.36	1.97
Grape Juice Welch	355ml	10.37	10.42	0.05	0.48
Grape Juice Welch	710ml	20.51	20.71	0.20	0.98
Grapefruit Juice - Orchard	1L	13.06	12.97	-0.09	-0.69
Grapefruit Juice - Trinidad	19oz	9.04	9.02	-0.02	-0.22
Orange Drink - Orchard	250ml	2.91	2.92	0.01	0.34
Orange Drink - Orchard	1L	10.13	10.19	0.06	0.59
Orange Juice - Orchard	1L	12.85	13.15	0.30	2.33
Orange Juice - Trinidad	19oz	8.95	8.97	0.02	0.22
Grapefruit Drink - Orchard	1L	10.05	10.11	0.06	0.60
Grapefruit Juice - Other	1L	13.56	13.69	0.13	0.96
Aerated Beverages - Soft Drinks	20oz	3.48	3.45	-0.03	-0.86
Aerated Beverages - Soft Drinks	2L	6.89	6.86	-0.03	-0.44
Natural Waters - Dasani	20oz	2.50	2.49	-0.01	-0.40
Natural Waters	650ml	2.60	2.63	0.03	1.15
Natural Waters	1.5L	5.18	5.18	0.00	0.00
Average % Change					0.85

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
<u>OILS AND FATS</u>					
Peanut Butter	240g	-	-	-	-
Table Margarine - Blue Band (Creamy)	250g	5.82	6.42	0.60	10.31
Table Margarine - Flora	454g	14.44	15.86	1.42	9.83
Cooking margarine -Golden Ray	250g	8.28	8.57	0.29	3.50
Cooking Margarine	250g	7.84	7.99	0.15	1.91
Soya Oil	500ml	8.53	8.84	0.31	3.63
Soya Oil	1L	18.01	19.69	1.68	9.33
Soya Oil	2L	29.43	32.79	3.36	11.42
Soya Oil	4L	46.78	56.17	9.39	20.07
Corn Oil	1.42L	42.16	42.52	0.36	0.85
Sesame Oil	125ml	10.84	12.64	1.80	16.61
Ghee	2lbs	86.40	87.95	1.55	1.79
Average % Change					8.11
<u>CEREALS</u>					
Macaroni	400g	4.50	4.19	-0.31	-6.89
Spaghetti	400g	5.55	5.41	-0.14	-2.52
Baking Powder	225g	4.69	4.63	-0.06	-1.28
Baking Powder	455g	8.61	8.59	-0.02	-0.23
Parboiled Rice	1kg	8.77	8.69	-0.08	-0.91
Parboiled Rice	2kg	16.20	16.42	0.22	1.36
Pre Packaged Flour	2kg	14.13	14.12	-0.01	-0.07
Pre Packaged Flour - Ibis Flour	10kg	60.77	61.51	0.74	1.22
Promasa Corn Flour	1kg	16.95	17.16	0.21	1.24
Yeast	4 x 11g	6.15	6.13	-0.02	-0.33
Oats	120g	2.23	2.32	0.09	4.04
Corn Meal	454g	5.42	5.39	-0.03	-0.55
Corn Flakes - Local	18oz	20.13	20.26	0.13	0.65

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
Corn Flakes - Local	200g	8.29	8.53	0.24	2.90
Corn Flakes - Imported	200g	8.58	8.36	-0.22	-2.56
Corn Flakes - Imported	350g	-	-	-	-
Corn Flakes - Imported	710g	-	-	-	-
Biscuit - Original	10oz	9.96	9.97	0.01	0.10
Biscuit - Wheat	10oz	11.50	11.52	0.02	0.17
Biscuit - Multi Grain	10oz	12.50	12.50	0.00	0.00
Average % Change					-0.20
<u>LEGUMES</u>					
Split Peas	454g	2.80	2.91	0.11	3.93
Red Beans	1 tin	6.36	6.43	0.07	1.10
Red Beans	454g	6.72	6.84	0.12	1.79
Dry Pigeon Peas	454g	6.71	6.84	0.13	1.94
Black Eye Peas	454g	5.65	5.74	0.09	1.59
Green Pigeon Peas	1 tin	8.35	8.40	0.05	0.60
Mixed Vegetables	1 tin	7.60	7.53	-0.07	-0.92
Green Peas	1 tin	5.77	5.95	0.18	3.12
Peas and Carrots	1 tin	6.63	6.73	0.10	1.51
Lentils	454g	4.84	4.84	0.00	0.00
Processed Pigeon Peas	1 tin	6.20	6.16	-0.04	-0.65
Baked Beans	1 tin	6.22	6.26	0.04	0.64
Peanuts	454g	9.57	9.69	0.12	1.25
Average % Change					1.22
<u>SAUCES, CONDIMENTS</u>					
Curry Powder	85g	5.83	5.84	0.01	0.17
Vanilla Essence	155ml	6.11	6.16	0.05	0.82
Vanilla Essence	300ml	4.09	3.97	-0.12	-2.93
Soy Sauce - Chief	240ml	7.43	7.33	-0.10	-1.35

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
Soy Sauce	296ml	10.43	10.34	-0.09	-0.86
Tomato Ketchup - Bottle	750ml	7.96	8.11	0.15	1.88
Tomato Ketchup - Pack	750ml	4.79	4.96	0.17	3.55
Mustard - Swiss	382g	5.86	5.84	-0.02	-0.34
Mustard (Sq. Bottle) - Swiss	16oz	9.75	9.85	0.10	1.03
Mustard - Matouks	250g	5.19	5.19	0.00	0.00
Mustard - Mabel	370g	6.66	6.55	-0.11	-1.65
White Vinegar	1L	5.47	5.58	0.11	2.01
White Vinegar - Heinz	1L	16.62	16.53	-0.09	-0.54
Average % Change					0.14
<u>TUBER AND SIMILAR PRODUCE</u>					
Garlic	454g	12.45	12.79	0.34	2.73
Onion	454g	2.96	3.03	0.07	2.36
Irish Potatoes	454g	2.86	4.17	1.31	45.80
Average % Change					16.97
<u>SWEETENERS</u>					
Brown Sugar	454g	4.46	4.58	0.12	2.69
Granulated Sugar	1800g	18.25	18.55	0.30	1.64
Condensed Milk	397g	7.54	7.64	0.10	1.33
Condensed Milk - Nestle	397g	9.08	9.28	0.20	2.20
Castor Sugar	454g	7.03	7.08	0.05	0.71
Icing Sugar	340g	5.19	5.33	0.14	2.70
Average % Change					1.88
<u>JUICES AND PREPARATIONS FOR INFANT USE</u>					
Infant Formula SMA	900g	-	-	-	-
Assorted Baby Foods	4.5oz	7.90	7.91	0.01	0.13
Baby Foods - Assorted Juices	4.5oz	8.22	7.96	-0.26	-3.16

ITEMS	QTY	Mar-11	Apr-11	Actual \$ value change Mar - Apr 2011	% change Mar - Apr 2011
Baby Foods - Fruit Desserts	4.5oz	6.86	6.87	0.01	0.15
Infant Cereal Nestle (1)	300g	16.50	16.39	-0.11	-0.67
Infant Cereal Nestle (2)	330g	18.04	18.03	-0.01	-0.06
Infant Formula Klim (Klim 123)	900g	55.88	56.81	0.93	1.66
Infant Formula Lactogen	900g	-	-	-	-
Average % Change					-0.32
<u>DRIED FRUITS</u>					
Currants	454g	15.07	15.63	0.56	3.72
Prunes	454g	10.69	10.74	0.05	0.47
Raisins - Black	454g	12.97	12.89	-0.08	-0.62
Raisins - Golden	454g	18.61	18.93	0.32	1.72
Average % Change					1.32
<u>TOILETRIES AND CLEANING PRODUCTS</u>					
Toilet Paper	6pk 280 sheets	13.97	13.98	0.01	0.07
Toilet Soap	3pk	13.76	13.81	0.05	0.36
Soap Powder	400g	7.55	7.63	0.08	1.06
Soap Powder - Breeze	975g	20.35	20.42	0.07	0.34
Soap Powder - Skip	900g	20.40	20.66	0.26	1.27
Toothpaste	100ml Reg	10.14	10.20	0.06	0.59
Disposable Diapers	12M Reg	19.17	19.59	0.42	2.19
Dishwashing Liquid	1L	9.49	9.88	0.39	4.11
Dishwashing Liquid	750ml	10.77	10.71	-0.06	-0.56
Garbage Bags	small	7.90	7.83	-0.07	-0.89
Liquid Detergent	1L	21.18	21.12	-0.06	-0.28
Average % Change					0.75
Overall Avg. % Change March - April 2011					2.64